



Winter Salad Recipes

Watermelon Radish and Orange Salad with Goat Cheese and Pistachios

Persimmon Pomegranate and Spinach Salad

Roasted Parsnip Salad

Roasted Pear and Pecan Salad

Chopped Spinach Winter Salad

Produce

- navel oranges (2)
- watermelon radishes (3)
- green onion (topping)
- baby spinach (4-5 oz) (10 oz) (3 C)
- fuyu persimmons (1-2)
- pomegranate seeds (1/2 C)(1/2)(1/3C)
- red onion (1/3 C)
- orange (2 T fresh juice)
- lime (1 t juice)
- parsnips (3)
- arugula (4-5 handfuls)
- green apple (1)
- lemon (1 for juice)
- bosc pears (3)
- fresh cranberries (1/3 C)
- mandarin orange (1 for zest)

Spices

- cinnamon (pinch)

Dairy

- goat cheese (topping) (1/2 C)
- parmesan cheese (1/4 C)
- blue cheese (1/4 C)

Meat

- pancetta (4 oz)

Nuts & Dried Fruit

- roasted pistachios (topping)
- toasted pecans (1/3 C) (1/8 C)
- whole raw pecans (1 C)
- dried cranberries (1/2 C)

Grains

- quinoa (1/2 C)

Pantry Items

- white vinegar (1 T)
- honey (1 T) (2 T)
- apple cider vinegar (1 1/2 T)
- maple syrup (1 T) (2 T)
- olive oil (1/4 C) (2 T) (1/2 C) (3 T)
- balsamic vinegar (1/2 C)
- whole grain mustard (2 t)
- canned mandarin oranges (11 oz)
- champagne vinegar (1 T)
- dijon mustard (1 t)