



## Healthy Summer Dinner Recipes

Fresh Tomato Soup with Gruyere Croutons from Rhubarbarians

Prosciutto Melon Salad from Mon Petit Four

Slow Cooker Carnitas Tacos with Pineapple Salad from Show Me the Yummy

Watermelon Chicken Salad with Pine Nuts and Feat from Home and Plate

Raspberry Brie Salad with Avocado Dressing from Wholesome Yum

### Produce

- white onion (1/2)
- carrots (2 medium)
- celery stalks (2 medium)
- vine ripened tomatoes (5 medium)
- cantaloupe (4 large wedges)
- oranges (1/2 for juice)
- limes (2 for juice) (1 for juice) (1 T)
- lemon (1 for juice)
- pineapple (2 C)
- green bell peppers (1 C)
- cucumbers (1 C)
- red onion (1/2 C)
- jalapeno pepper (1)
- spring greens (4 oz)
- watermelon (1 C)
- garlic (1/2 t) (1 clove)
- arugula (3 oz)
- raspberries (1 C)
- avocados (1/2 medium) (topping)

### Herbs

- thyme (1 sprig)
- basil (garnish) (small bunch)
- cilantro (1/2 C)
- mint (3 large leaves)

### Spices

- smoked paprika (1 t)
- cumin (1 t)
- chili powder (1 t)
- onion powder (1 t)
- dried oregano (1 t)

### Dairy

- butter (2 oz + 2 T)
- gruyere cheese (1 1/2 C)
- feta cheese (1/4 C)
- brie (4 oz)
- cotija (topping)

### Nuts

- pine nuts (1/4 C)
- pecans (1/2 C)

### Meat

- prosciutto (4 slices)
- boneless pork shoulder (2 lbs)
- chicken (1 C, cooked)

### Bread & Tortillas

- rustic white bread, cubed (5 C)
- tortillas (1 package)

### Pantry Items

- vegetable stock (2 C)
- olive oil (3 T) (2 T) (2 T) (1 T)
- balsamic vinegar (1 T)
- soy sauce (1/4 C)
- white vinegar (2 T)
- honey (2 T)