

 \Box coriander (1/4 t)

Easy Spring Dinner Ideas Meal Plan

Strawberry Caprese Salad with Brown Butter Balsamic
Vinaigrette from Cooking for Keeps
Grilled Sriracha-Tahini Sweet Potato Skewer s with
Halloumi from Naturally Ella
Spring Asparagus and Goat Cheese Quiche from Blogging
Over Thyme

Creamy Avocado and Spinach Pasta from Jo Cooks Classic Beans and Greens Tacos from With Food and Love

	Classic Beans and Greens Tacos from With Food and Lov	
Produce	Dairy	Pantry Items
□strawberries (2 C)	□fresh mozzarella (4 oz)	\Box balsamic vinegar (2 1/2 T)
□cherry tomatoes (1 1/2 C)	□butter (2 T)	□honey (1 1/2 t)
☐sweet potatoes (4 small, 1" wide)	□halloumi (8 oz)	□dijon mustard (1/4 t)
□red onion (1)(topping)	□eggs (4 large)	□tahini (4 T)
□lime (2 T juice)	□whole milk (2 C)	\Box olive oil (2 T) (3 T)
□asparagus (1 bunch)	\Box soft goat cheese (3 oz)	□sriracha (a few dashes)
\Box garlic cloves (optional head)(1)(3)		□pie crust (1)
□avocado (1) (1)	Pasta & Grains	□hot sauce (optional topping)
□fresh spinach (1 C)	□fettuccine (10 0z)	
□lemon (1 T juice)		Extras
□lacianto kale (4 C)	Beans	
	\square kidney, black or pinto (2 C)	
Herbs		
\square basil I leaves (1/4 C) (1/4 C)	Nuts	
□cilantro (garnish) (1/4 C)	\square pecans (1/2 C)	
Spices	Bread & Tortillas	
□nutmeg (1/4 t)	□soft corn tortillas (6-8)	
□chili powder (1 T)		
\Box cumin (1/4 t)		