



## Simple Vegetarian Recipes with Budget Bytes

Sweet Potato Tortilla Soup

Sweet Potato Tacos with Lime Crema

Southwest Spaghetti Squash Bowls

Weeknight Enchiladas

Garden Vegetable Quinoa Soup

### Produce

- yellow onion (1) (1) (1) (1)
- garlic cloves (2) (1) (2) (4)
- sweet potato (1 medium)
- frozen corn (1 C)
- avocado (optional topping) (1/2 large)
- lime (optional topping)(1)
- spaghetti squash (1 large)
- jalapeno (1)
- carrots (3)
- celery ribs (3)
- {frozen} spinach (1/4 lb)

### Herbs

- cilantro (optional topping) (1/4 bunch) (1/4 bunch)
- green onions (2)(2)

### Spices

- chili powder (2 T) (1/2 T) (2 1/2 T)
- cumin (1 t) (1 t) (2 1/2 t)
- cayenne (1/4 t) (1/4 t)
- garlic powder (1/2 t)
- dried basil (1/2 t)
- dried oregano (1 t)
- smoked paprika (1/2 t)

### Dairy

- shredded cheddar (optional topping)
- sour cream or crema (optional topping) (8 oz)
- Monterey Jack cheese (4 oz)
- Pepper Jack Cheese (8 oz)

### Pasta & Grains

- quinoa (1 C)

### Beans

- black beans (15 oz) (15 oz) (15 oz)
- pinto beans, dry (1 lb)
- kidney beans (15 oz)

### Bread & Tortillas

- small tortillas (8) (16 corn)

### Pantry Items

- olive oil (2 T) (1T) (2 T) (1 T)
- cornmeal or masa harina (1/2 C)
- vegetable broth (6 C) (4 C)
- tomato paste (2 T) (3 oz)
- diced tomatoes (15 oz)
- tortilla strips/chips (optional topping)
- salsa (1 C)
- flour (2 T)
- fire roasted diced tomatoes (15 oz)